Regis Manor News

19th September 2025

DATES FOR THE DIARY...

NEXT WEEK

Monday 22nd - Friday 26th September

23/09/25 - Work Sharing

COMING SOON

02/10/25 - Mr Nourish's Birthday
06/10/25 - PTA AGM
W/b 7/10/25 - Year 5 Class Assemblies

Lines of Communication

CLASS TEACHER

NURSERY LEAD MISS SIMPKINS	YEAR R LEAD MISS HAMMOND	YEAR 1 LEAD MRS KING	YEAR 2 LEAD MISS WOODS	YEAR 3 LEAD MRS COUSIN	YEAR 4 LEAD MR FINCHAM	YEAR 5 LEAD MISS PEARCE	YEAR 6 LEAD MR PETTETT
Assistant Head Miss Hammond		Assistant Head Mrs King		Assistant Head Mr Fincham		Assistant Head Mr Pettett	

DEPUTY HEAD MRS LOW

DEPUTY HEAD MISS BEEVIS

HEADTEACHER MR PERRY

Your first port of call should always be your class teacher.

Our FLO team
Miss Simmons and Miss Kent

Our role is to create and sustain a supportive bridge between home and school to ensure each child and their family have the support needed to have a successful school experience with us.
If you, your family or your child(ren) have any concerns or worries, we are available to listen, and offer support and guidance.
If we are unable to directly assist, we will put you in touch with someone that can.

How to contact us:

In person on the gate most days before and after school.

Email the school: rmpoffice@swale.at

Phone us directly on: 01795 472971 (option 2).

OPEN EVENING

September 2026 Year 7 intake

Thursday 18 September 2025
5.00pm - 7.30pm

Visit our website for more details.

Follow on Facebook for more insight into school life and our community. @TSS_Swale

SCAN ME

www.thesittingbourneschool.org.uk
Telephone: 01795 472449
Email: tss-office@swale.at

The Sittingbourne School
Swanstree Avenue
Sittingbourne
Kent, ME10 4NL

Kent Family Hub

Swale Family Hubs

Timetable

1st September - 12th December 2025

For more information or to book email:
SwaleFH@kent.gov.uk

Our Family Hubs:

Milton Court Family Hub
Brewery Road
Sittingbourne
ME10 2EE
03000 420899

Murston Family Hub
Tonge Road
Murston
ME10 3NT
03000 420896

All of our groups and services are free to attend.

Milton Court Family Hub

Monday

- **Baby Steps** — For expectant parents until walking — 10:00 - 11:00
- **Healing Together** (Requires Booking) — 3rd Nov for 6 wks — 12-16yrs — 16:00 - 17:30

Tuesday

- **District Conversations** (Requires Booking) — 10:00 - 12:00
- **Cooking on a Budget** (Requires Booking) — 5-11yrs (adults and children to attend) — 21st Oct — 13:30 - 15:30

Wednesday

- **Baby Massage** (Requires Booking) — 29th Oct for 4 wks — 13:30 - 14:30
- **District Conversations** (Requires Booking) — 17:00 - 19:00

Thursday

- **Understanding your Teenager** (Requires Booking) — 18th Sep for 4 wks — 9:30 - 11:30
- **Compass NEET** (Requires Booking) — 16-18yrs — 14:00 - 16:00
- **Compass** (Requires Booking) — 11-19yrs (25 with SEND) — 17:00 - 19:00

Friday

- **Stay and Play** — Birth-5yrs — 10:00 - 11:00

Murston Family Hub

Monday

- **Childminder Group** — 9:30 - 11:30
- **Baby Massage** (Requires Booking) — 8th Sep for 4 wks — 6th Oct for 4 wks — 13:30 - 14:30
- **Book Worms** (Requires Booking) — 1-5yrs — 1st Dec for 3 wks — 13:30 - 14:30

Tuesday

- **Stay and Play** — Birth-5yrs — 10:00 - 11:00
- **Citizens Advice Drop-In** — 11:30 - 13:30

Wednesday

- **Baby, Family and You** (Requires Booking) — 17th Sep for 4 wks — 13:00 - 15:00
- **District Conversations** (Requires Booking) — 13:30 - 15:30

Thursday

- **Little Talkers** (Requires Booking) — 11th Sep for 6 wks — 2-4yrs — 10:00 - 11:00
- **Baby Steps** — For expectant parents until walking — 13:30 - 14:30

Friday

- **Making It REAL** (Requires Booking) — 3rd Oct for 4 wks — 2-5 yrs — 10:00 - 11:00

Please Note: Signing in will not be available until 10 minutes before the session starts.

www.kent.gov.uk/familyhub

Family Hub Sites are run by Kent County Council

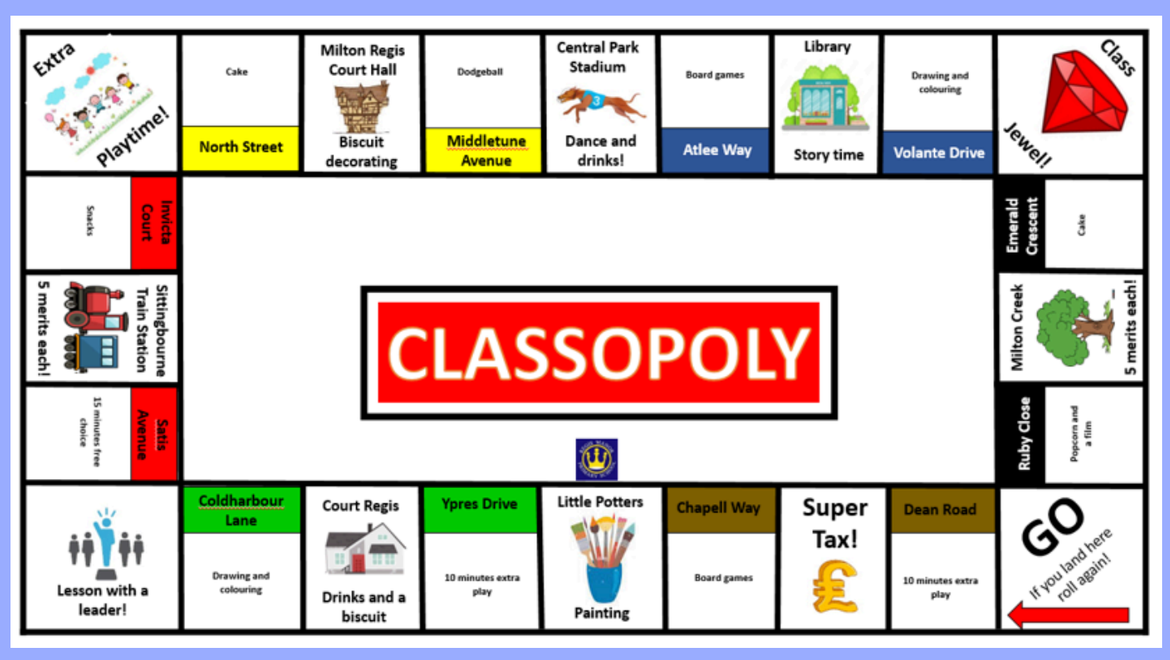
Whole school Attendance 19.9.25

93.39%

Attendance Matters!

Celebrating Attendance - Classopoly!

Every week our winning classes get to roll a dice and move around our Regis Manor Classopoly board to win a prize. Winners are shared each week on our social media sites!



Contact the school office to report absence or for advice by 9am:

01795 472971 rmpsoffice@swale.at

Forest School
Welcome back!

This term we have year 6, nursery and the Hub attending Forest School!

6P Macaw- Monday
6s Kiwi-Wednesday
Nursery-Thursday
Hub Panda-Friday

Don't forget your wellies and waterproofs!

45 Football Academy

FREE!

25/26 45FA TRIALS

Register by 30th Sept 2025

JOIN OUR ACADEMY!

Register today for FREE on our website
https://kent.45footballacademy.co.uk

Under 8s, Under 9s, Under 10s (Years 3,4,5 Sept 2025)

The Sittingbourne School, Swanstree Ave, Sittingbourne, ME10 4NL

Online Safety

National Online Safety®
#WakeUpWednesday

Tips for Encouraging Open Discussions about DIGITAL LIVES

UK Safer Internet Centre

The online world is a commonplace for children. There are many positivesl, so it's important not to recognise the positives of the internet, games and apps as well as educating children about the hazards. It's essential we don't shy away from talking about the complex and sensitive subject of what they do and what they see when they're online.

BE OPEN AND HONEST, APPROPRIATE TO THEIR AGE

At various stages, children and young people become curious about puberty and how their body changes; about relationships; about how babies are made; and about sexual health. If your child knows that they can discuss these sensitive subjects with you, they tend to be less likely to go looking online for answers – which can often provide them with misleading information and, in some cases, lead to them consuming harmful content. Don't worry if you don't immediately know the answers to their questions – just find out for yourself and go back to them once you have the facts.

MAKE YOUR INTEREST CLEAR

Showing enthusiasm when you broach the subject signals to your child that you're keen to learn about the positives of their online world. Most children enjoy educating adults and will happily chat about what they use the internet for, or what games and apps they're into and how these work. Asking to see their favourite games and apps in action could help you spot any aspects that may need your attention – such as chat functions which might require a settings adjustment to limit contact with strangers. Keep listening even if your child pauses for a long time: they could be considering how to phrase something specific, or they may be gauging your reaction.

TRY TO REMAIN CALM

As much as possible, try to stay calm even if your child tells you about an online experience that makes you feel angry or fearful. Our immediate emotions frequently influence the way we talk, so it's possible that your initial reaction as a parent or carer could deter a child from speaking openly about what they've seen. Give yourself time to consider the right approach, and perhaps speak with other family members or school staff while you are considering your next steps.

REMIND YOUR CHILD THEY CAN ALWAYS TALK TO YOU

In my role I work with many children and young people who admit being reluctant to tell a trusted adult about harmful content they've viewed online, in case it leads to having their devices confiscated. Emphasise to your child that you're always there to listen and help; reassure them that if they *do* view harmful content, then they are **not** to blame – but talking about it openly will help. Children shouldn't be expected to be resilient against abuse or feel that it's their job to prevent it.

DISCUSS THAT NOT EVERYTHING WE SEE ONLINE IS REAL

Here, you could give examples from your own digital life of the online world versus reality – for example, those Instagram posts which show the perfect house: spotlessly clean, never messy and immaculately decorated. Explain to your child that there are many other aspects of the online world which are also deliberately presented in an unrealistic way for effect – such as someone's relationship, their body, having perfect skin and so on.

CREATE A 'FAMILY AGREEMENT'

Involving your whole household in coming up with a family agreement about device use can be immensely beneficial. You could discuss when (and for how long) it's OK to use phones, tablets, consoles and so on at home; what parental controls are for and why they're important; and why it's good to talk to each other about things we've seen or experienced online (both good and bad). Explaining your reasoning will help children to understand that, as trusted adults, we want to make sure they are well informed and kept safe. Allowing children to have their say when coming up with your family agreement also makes them far more likely to stick to it in the long term.

WHAT ARE THE RISKS?

KEEP TALKING!

The most valuable advice we can give is to keep talking with your child about their digital lives. You could try using everyday situations to ask questions about their online experiences.

NOS

Secondary School Applications

Applications for 2026

For children starting year 7 in September 2026 applications open on Monday 1 September 2025 and will close on Friday 31 October 2025.

You can apply for up to 4 schools.

- Put the schools in the order of preference.
- We strongly recommend you use all 4 preferences on your application form. Initially, we are only able to look at schools you have named. If you do not name a local school, families who did name it may fill its spaces. This means it may no longer be an option if we cannot offer you one of your preferred schools.
- Naming only one school does not guarantee your child a place or give priority for a place over another child.
- You are not able to name the same school more than once.

Apply online

If you are unable to apply online, email kentonlineadmissions@kent.gov.uk for assistance.

The deadline for applications is midnight on Friday 31st October