



Regis Manor News

7th November 2025



DATES FOR THE DIARY...

NEXT WEEK

Anti-bullying Week

Tuesday - Flu Vaccinations

Tuesday - Work sharing

Friday - Children In Need

COMING SOON

Parent Consultations

RMPFS FIREWORKS

We want to extend a massive thank you to all the parents who came along to our school's fireworks display! We sincerely hope you and your families enjoyed the spectacular show and the wonderful atmosphere. Nights like these wouldn't be possible without the incredible dedication of our staff volunteers, Triple A Events and the PTA —a huge appreciation to them for giving up their time to make it such a safe and fun event. It truly was a great night for all and a fantastic community occasion!



Forest School

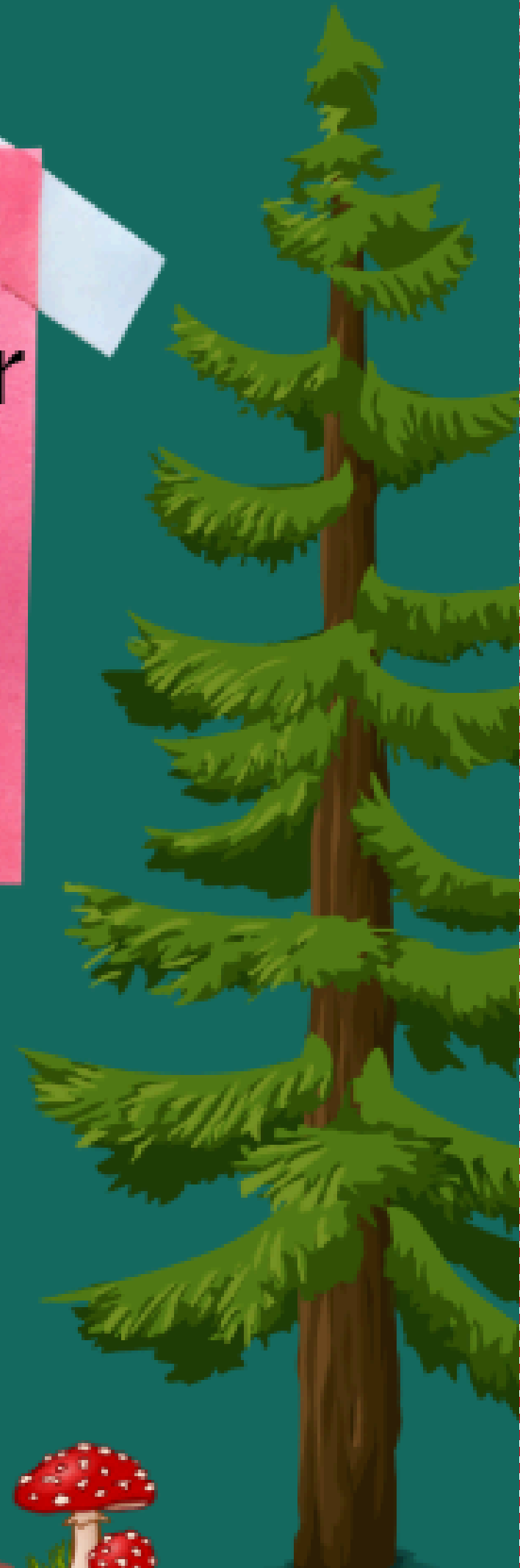
Term 2- Year 4

4F Lions- Monday
4B Elephants- Wednesday
4G Tigers- Thursday

Waterproofs are essential!
Amazon is great for waterproofs.
This is my favourite from Amazon 'Zorax waterproof'

Please make sure your child has wellies, extra socks and a plastic bag/bag for life to put their muddy clothes in.

Keep a look out for some muddy photos!



COFFEE MORNINGS

with the FLO team

Day:

Fri 14th November &
Fri 12th December

Time:

Drop off till 10.30am



Come and grab a cuppa and
a biscuit in the FLO office!

We are here to offer support and
advice for families, or simply
for a chat.

All are welcome, including
younger siblings.

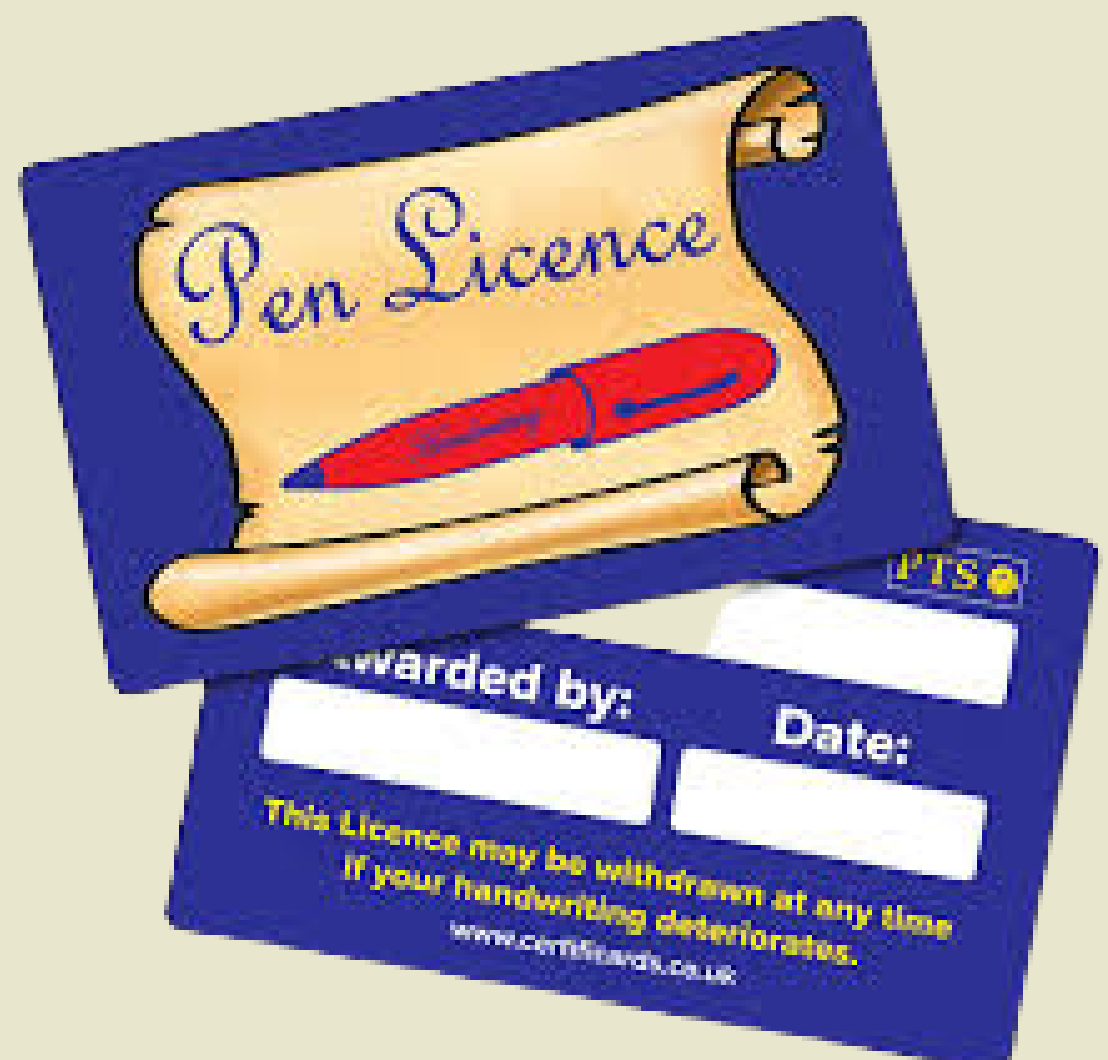
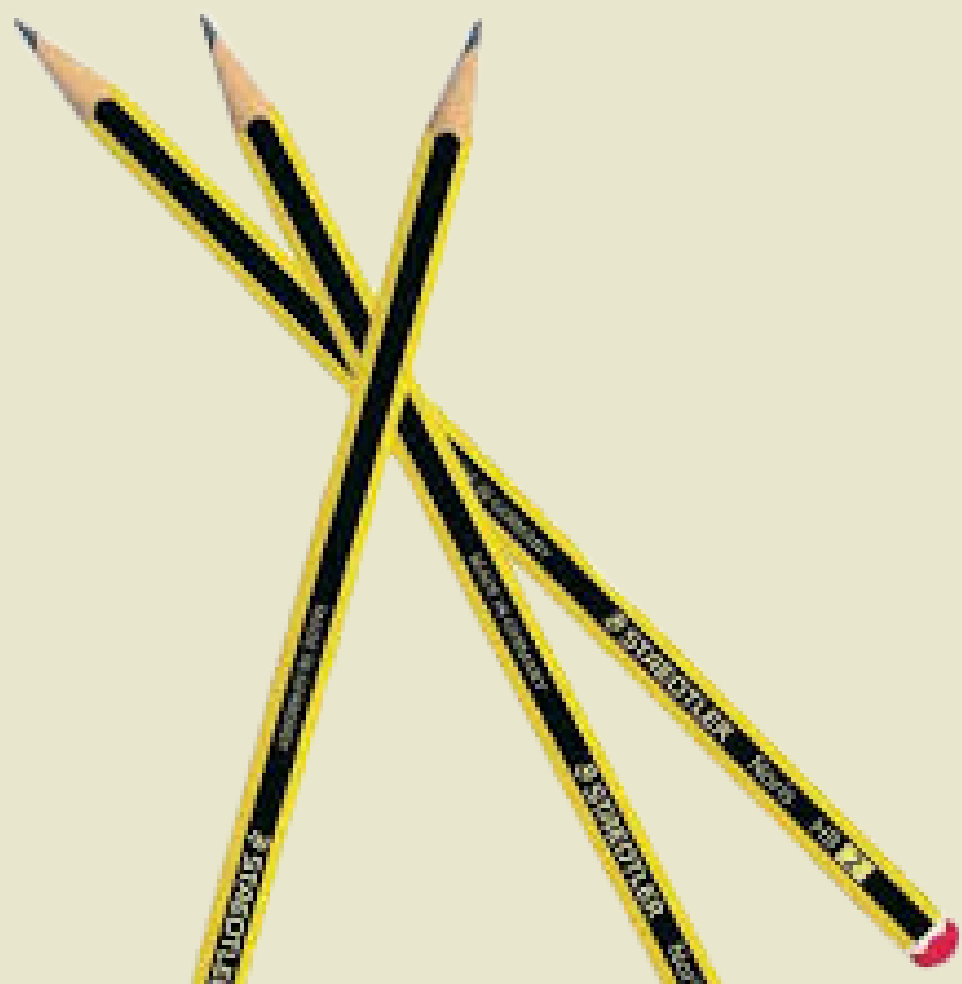
Just turn up!

Handwriting at Regis Manor

We are excited to be revamping our approach to teaching handwriting in school. Children in Y2 – Y6 will begin new cursive (joined) handwriting lessons using a scheme called 'Letter Join'.

We want all children to take huge **pride** in the presentation of their work in school. As part of this, children in Year 2, Year 3 and Year 4 will work towards earning their 'pen license', writing in pencil before showing they are ready and able to move to pens.

Letter-join 



Online Safety



What Parents & Educators Need to Know about POKÉMON TCG POCKET


Pokémon TCG Pocket is a mobile version of the hugely popular Pokémon Trading Card Game, downloaded over 100 million times on Android and iOS. Players collect cards, battle others online, and open packs of cards – known as booster packs – to expand their decks. While the core game can be fun and helps develop tactical and numeracy skills, its design encourages spending and can feed addictive behaviours – making it important for adults to understand the risks.

ADDICTIVE PACK OPENING




Booster packs rely on probability to provide rare or powerful cards. The excitement of opening them – and the dopamine rush when finding a sought-after card – can become addictive. Unlike purely cosmetic loot boxes, the cards here are integral to competitive gameplay, adding extra pressure for serious gamers to collect more.

PREMIUM PASS PRESSURE




A monthly subscription gives players access to exclusive missions, rewards, and an extra daily booster pack. Missions and rewards are replaced each month, providing an incentive to stay subscribed. While some premium rewards are exclusive, others are available through free play – making the pass more about faster progression and obtaining cosmetic items than true necessity.

ENDLESS PACK LOOPS



New themed sets of cards are released each month, ranging from around 85 to over 370 cards per expansion. This constant cycle encourages players to keep opening packs in an effort to complete collections or improve their battle decks, potentially promoting unhealthy spending habits. With the introduction of limited-time booster packs, some players may feel increased pressure to collect these cards while they're still available.

QUICK BUT ABSORBING



Card battles last around five to six minutes, making it easy to fit in “just one more game”. This quick format, combined with the drive to win, can lead to prolonged play sessions and increased screen time without noticing. With limited-time Ranked Match seasons constantly being refreshed – an opportunity to accumulate points and earn profile emblems – players may find themselves drawn into this game mechanic repeatedly.

COMPETITIVE ONLINE PLAY



Interactions in Pokémon TCG Pocket are relatively safe – there's no messaging between players, friend requests require player approval, no real names are used, and card trading is restricted to fair trades between friends. On the other hand, the competitive nature of online play can still cause frustration, over-investment, and isolation if children spend too much time focused on the game.

COST OF BOOSTER PACKS



Although free to play, with set rewards and two free booster packs given daily, players can exchange Poké Gold if they wish to open more, and a small amount of Poké Gold is rewarded for free as the player levels up. Poké Gold is also sold in bundles that are often just short of what players need to open extra packs, encouraging them to buy additional bundles.




Advice for Parents & Educators

MONITOR SPENDING HABITS



Set clear boundaries around in-game purchases. Treat Poké Gold as an occasional rather than routine reward, helping children develop healthier attitudes towards digital spend.

PLAY TOGETHER




Card battles can help children learn tactics, problem-solving, and rule-following, as well as numeracy skills. Playing alongside them is a great way to share in their enjoyment, while also modelling balanced play and keeping an eye on how much they're investing in the game.

SET REALISTIC EXPECTATIONS



Talk about the unpredictable nature of booster packs and prepare children for disappointment when duplicates appear or rare cards don't surface. Understanding probability can help minimise disappointment – use the game's built-in offering rates guides to find out more about it.

TEACH FAIRNESS



Losing a battle can be discouraging, especially when money has been spent on collecting the cards to build a deck. Support children in recognising the importance of fairness, learning from both wins and losses, and making considered choices when trading cards.

Christmas at Heather House



Heather House
Community Hub

Saturday 6th December
10.30am-5pm

**Heather House Community Hub,
Ave of Remembrance,
Sittingbourne, ME10 4NN**



Santa's Grotto: £5

(Scan QR code to book)

Games & Crafts

Refreshments

Raffle & prizes!

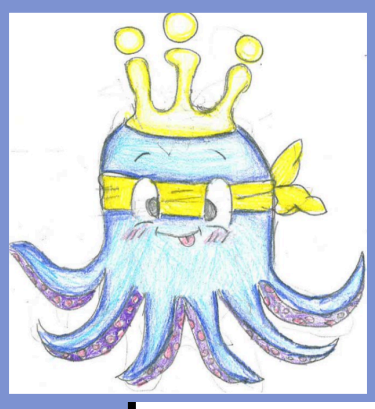


[www.ticketsource.co.uk/
santasgrotto/e-gpyepl](http://www.ticketsource.co.uk/santasgrotto/e-gpyepl)

All proceeds will go to the Heather House charities: Age UK Kent Rivers, SATEDA, Sittingbourne & Sheppey Helping Ukraine & Swale Community Care Project



Visit linktr.ee/heatherhousecommunity for more information



Attendance Matters!

Following Government guidelines, the NHS has issued advice for parents to help them decide...
Is my child too ill for school?

Cold Sores

There's no need to keep your child off school. Encourage children not to touch the blister, kiss anyone while they have the cold sore or to share things like cups and towels.

Coughs & Colds

It's fine to send your child to school with a minor cough or common cold. Encourage children to throw away used tissues and regularly wash hands.

Ear Infection

If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better.

Head Lice & Nits

There's no need to keep your child off school if children have head lice. You can treat head lice and nits without seeing a GP and should bring children to school once treated.

Chickenpox

Keep children off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.